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## **Alcoholism/Substance Abuse and the Family**

Is someone in your family gripped by addiction? Do you suspect your mother, father, or a relative has a drinking problem? Do you feel powerless to stop your kid's drug or alcohol use? Are you blaming yourself for your loved one's addiction? Do *you* have a substance abuse problem that you're hiding from your family?

Substance abuse can tear a family apart, but Darryl Hagar's riveting presentation on "Alcoholism, Substance Abuse and the Family" offers help and hope. You'll learn what you can do *now* to break the wall of silence and get you and your family back on track, talking openly about the problem. If you suspect that a family member is slipping into addiction, or you're hiding your own substance abuse from family and friends, this talk is for you and your group. You'll learn how to break the silence that surrounds addiction, how not to blame yourself or a family member for the problem, and how to take the first step toward getting help and relief.

Darryl Hagar knows what it's like to live with an alcoholic family member and to hide your own addiction from family and friends. Darryl's mother was an alcoholic, and when his father committed suicide, Darryl hid his pain for 23 years and became an alcoholic himself. He even raised his own son for five years in the grip of addiction. But Darryl, "The Man Overboard," turned his life around -- and you can too. "No matter how low you sink, you can change your life and flourish," he says. "You don't have to suffer in silence."

Even if you or your loved one just drinks on weekends, only does a few lines of coke, or pops just one wake-up pill in the morning, this talk will help you break the silence and not waste another day on the road to nowhere. And you'll take back your power, too. "Don't change because the courts tell you to, your family wants you to, or you're going to lose your kids," says Darryl. "Change because you're sick and tired of being sick and tired." You'll leave his inspiring talk with a deep connection to the healing power within you, ready to help your family member break free from addiction, or take your own first step on the road to recovery.